

Quantum Teaching

Quantum Learning

Induction/Mentor Program Orientation

## The 8 Keys of Excellence

**INTEGRITY**

**Integrity:** Conduct yourself with authenticity, sincerity and wholeness. Your values and behavior are aligned.

**FAILURE LEADS TO SUCCESS**

**Failure Leads to Success:** Understand that failures simply provide you with the information you need to succeed. There are no failures, only outcomes and feedback. Everything can be useful if you know how to find the gift.

**SPEAK WITH GOOD PURPOSE**

**Speak with Good Purpose:** Speak in a positive sense, and be responsible for honest and direct communication. Avoid gossip and harmful communication.

**THIS IS IT**

**This is it:** Focus your attention on the present moment, and make the most of it. Give each task your best effort.

**COMMITMENT**

**Commitment:** Follow through on your promises and obligations; live your vision. Do whatever it takes to get the job done.

**OWNERSHIP**

**Ownership:** Take responsibility and be accountable for your actions.

**FLEXIBILITY**

**Flexibility:** Be open to change or a new approach when it helps you get the outcome you desire.

**BALANCE**

**Balance:** Keep your mind, body and spirit in alignment. Spend time developing and maintaining these three areas.

Carole Allen, a SuperCamp facilitator and a teacher at M.E.A.D. Creative Learning Center, an alternative school for at-risk youth near Spokane, Washington, has incorporated the Keys into nearly every aspect of her classroom. In fact, 17 teachers at M.E.A.D. have now adopted them. Allen says to make the Keys work, you must incorporate them into the lesson plan every day. "It's not enough to simply hang them on the wall and refer to them occasionally; they must be tied into the curriculum." Finding a way to bring them into nearly every lesson has helped her make the 8 Keys the foundation of her classroom, her learning community.

# BLOOM'S TAXONOMY

Six steps to learning

EVALUATION

SYNTHESIS

ANALYSIS

APPLICATION

COMPREHENSION

MEMORIZATION

# Learning Styles

**Visual (Seeing)**

**Auditory (Hearing)**

**Kinesthetic (Doing)**

**Use the enclosed survey to determine your personal learning style!**

## VISUAL – AUDITORY – KINESTHETIC (V-A-K) ASSESSMENT

Mark the appropriate box for each question. Tally your score for each section. Then graph your results.

### VISUAL

	often	sometimes	seldom
■ Are you neat and orderly?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you speak quickly?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Are you a good long-range planner and organizer?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Are you a good speller and can you actually see the words in your mind?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you remember what was seen rather than heard?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you memorize by visual association?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you have trouble remembering verbal instructions unless they are written down and do you often ask people to repeat themselves?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Would you rather read than be read to?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you doodle during phone conversations/ staff meetings?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Would you rather do a demonstration than make a speech?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you like art more than music?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you know what to say but can't think of the right words?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Subtotals</b>			
	x 2	x 1	x 0
<b>Totals</b>		+	+
			=

### AUDITORY

	often	sometimes	seldom
■ Do you talk to yourself while working?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Are you easily distracted by noise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you move your lips/pronounce the words as you read?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you enjoy reading aloud and listening?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Can you repeat back and mimic tone, pitch and timbre?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you find writing difficult but are better at telling?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you speak in rhythmic patterns?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you think you're an eloquent speaker?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you like music more than art?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you learn by listening and remember what was discussed rather than seen?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	often	sometimes	seldom
■ Are you talkative, love discussion and go into lengthy descriptions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Can you spell better out loud than in writing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Subtotals</b>	_____	_____	_____
	x 2	x 1	x 0

**Totals** \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_  
= \_\_\_\_\_

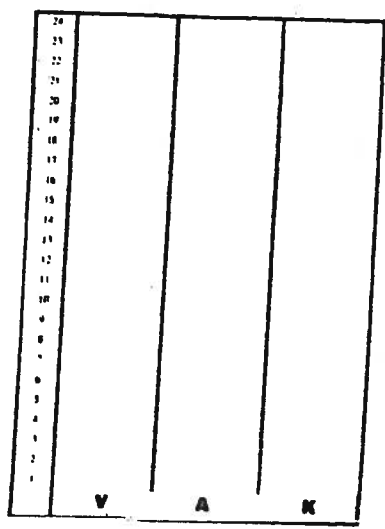
**KINESTHETIC**

	often	sometimes	seldom
■ Do you speak slowly?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you touch people to get their attention?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you stand close when talking to someone?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Are you physically oriented and move a lot?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you learn by manipulating and doing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you memorize by walking and seeing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you use a finger as a pointer when reading?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you gesture a lot?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you have difficulty sitting still for long periods?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you make decisions based on your feelings?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you tap your pen, fingers or foot while listening?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
■ Do you spend time playing sports and physical activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Subtotals** \_\_\_\_\_

x 2	x 1	x 0
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**Totals** \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_  
= \_\_\_\_\_



Fill in the graph with your score